

PREFERRED PROGRAM

Training: _____
Days/Week ____ Month(s) ____ Session(s) ____
M T W TH F S SU Time(s): _____
Training Location: _____

OFFICE USE ONLY

Date of enrollment: _____
Line of Business: _____
Unit: _____ Group: _____
Pmt: Pd \$ _____ Bal \$ _____
From: _____ To: _____

PLEASE PRINT NEATLY AND COMPLETELY

Name: _____
Date of Birth: _____
Age: _____ Sex: Male / Female
Email: _____
T-Shirt size (circle one): **Youth** S M L / **Adult** S M L XL XXL XXXL
Address: _____
City: _____ State: ____ Zip: _____
Phone: (H) _____ (W) _____ (C) _____
Any Pre-existing Medical Conditions? _____
Is condition worsened by exercise? _____
Please list any medications you are currently taking: _____

EMERGENCY CONTACTS

PRIMARY CONTACT

Name: _____ Relation: _____
Phone: (H) _____ (W) _____ (C) _____
Email: _____

SECONDARY CONTACT

Name: _____ Relation: _____
Phone: (H) _____ (W) _____ (C) _____
Email: _____

HOW DID YOU HEAR ABOUT TITUS? _____

FOR ATHLETES ONLY

School/Team: _____
Parent/Guardian Name: _____
Sport(s) & Position(s): _____

PLEASE COMPLETE THE MEDICAL & PHOTO RELEASE FORM ON THE NEXT PAGE.



PARTICIPANT RELEASE

_____ (hereinafter "the undersigned" or "the participant"), to enable the undersigned to participate in a Titus Sports Academy, LLC and/or any of its related entities (hereinafter "TitusSports") Speed/Strength training program [select appropriate program: fitness training/sports performance training/basketball academy/baseball academy] (hereinafter "the program") the undersigned for and on behalf of himself/herself, consents and agrees to his/her participation in the program sessions to be held commencing _____, under the following terms and conditions and with the following understanding:

TitusSports recommends all participants obtain a physical examination from their physician prior to participation in the program.

1. The program requires the participant to perform a great deal of physical exertion, including sprints, weight lifting and agility drills. This form of exercise directly effects heart rate, body temperature and respiration, and requires the participant to be in good physical condition. In addition, the movement of weights and use of athletic equipment can cause muscle, ligament and bone injury. It is up to the participant to ensure that he/she is physically capable and in good medical condition, so as to permit safe participation in the program. TitusSports shall have no responsibility, nor liability to confirm the medical condition of a participant. The undersigned recognizes the possible dangers connected with any physical activity and it is expressly agreed that participation in the program shall be undertaken at the participant's own risk. In consideration of the undersigned's participation in the program, the undersigned hereby certifies and represents that he/she is in good medical condition and is physically capable of safely participating in the program and utilizing all exercise equipment, athletic equipment and training required in the program.

2. The undersigned hereby releases TitusSports, its officers, directors, employees, agents, representatives, coaches, and volunteers, as well as the owners of any facilities in which the program is conducted, on behalf of himself/herself and any one claiming by, through or under the undersigned, from any and all claims of damage, injury or death, of any kind, arising out of the undersigned's participation in the program. In addition, the undersigned acknowledges and agrees that TitusSports shall not be held responsible, nor liable, for any injury to any participant caused by any other participant and hereby agrees to indemnify and hold TitusSports harmless from any claims of damage, injury or death arising out of the participation of the undersigned in the program, including injuries caused in whole or in part by the undersigned, or another participant.

Moreover, by this release, the undersigned also intends to fully, completely and forever release discharge and absolve TitusSports and all of its officers, directors, employees, agents, representatives, coaches, and volunteers from any and all liability for any active or passive negligence whatsoever on the part of TitusSports, its officers, directors, employees, agents, representatives, coaches, and volunteers, and the undersigned hereby waives and relinquishes any claim or cause of action against them for any loss, claim damage, personal injury, disability, death, medical and any other type of expense, damage, or loss caused by any active or passive negligence of TitusSports, its officers, directors, employees, agents, representatives, coaches, and volunteers. The undersigned further agrees and promises not to sue or exercise any legal right to seek damages or relief of any nature from TitusSports, its officers, directors, employees, agents, representative, coaches, and volunteers. The undersigned certifies that he/she has read this release and all of the statements contained herein and further represents that he/she understood its contents and has voluntarily executed this release. The undersigned understands that he/she is giving up valuable rights and is signing this release voluntarily. The undersigned further agrees that no oral representations, statements, or inducements of any kind apart from this written release have been made with regard to the subject matter of this release.

3. If any scheduled session of the program is postponed or continued for any reason, or if the session is extended, or the participant renews for additional sessions, the representations and other provisions of this Release shall extend to such continued, extended or renewed session.

4. The undersigned hereby warrants that he/she is over the age of eighteen, is competent to contract in his/her own name and that the undersigned has the authority to grant this consent and release.

Print Name: _____ Signature: _____ Date: _____

Parent/Guardian Name: _____ Signature: _____ Date: _____

PHOTO RELEASE

My signature below indicates my approval for use of photographs taken of the athlete/fitness client listed above by Titus staff for use as they see fit. This includes but is not limited to: advertisements, brochures, flyers, promotional items, and/or media kits. It is understood that there will be no compensation for use of the photograph taken by Titus Sports Academy.

Signature: _____

Relationship if athlete is a minor: _____